

### CM 03-11

## El Strong & Weak Pres

RULES: Practical Shooting Handbook, Latest Edition COURSE DESIGNER: Jim Paxon -- Modifications by US Design Team

**START POSITION:** Standing in shooting box, facing uprange, toes of both feet against rear of shooting box, shoulders square with box, and hands on ears or hearing protection. Handgun is loaded and holstered as per ready condition in rule 8.1.1 and 8.1.2.

#### STAGE PROCEDURE

# String 1: Upon start signal, turn, then draw and engage T1-T3 with only two rounds each FREESTYLE, then perform a mandatory reload and re-engage T1-T3 with two rounds each STRONG HAND ONLY.

String 2: Upon start signal, turn, then draw and engage T1-T3 with two rounds each, perform a mandatory reload and re-engage T1-T3 with two rounds each WEAK HAND ONLY.

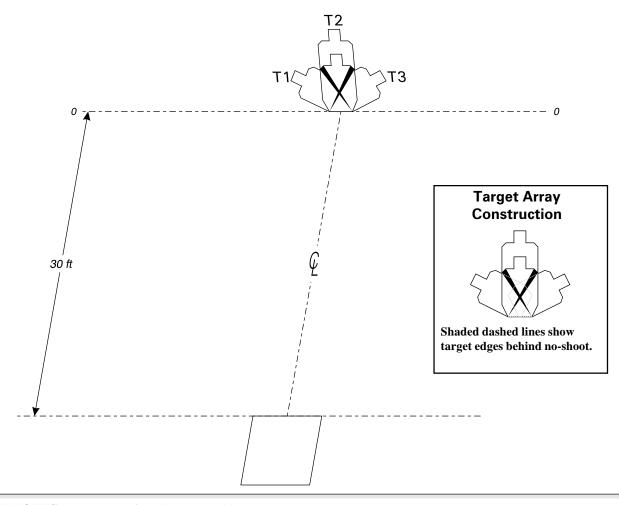
#### **SCORING**

SCORING: Virginia Count, 24 rounds, 120 points

TARGETS: 3 IPSC SCORED HITS: Best 8/paper START - STOP: Audible - Last shot

**PENALTIES:** Per current edition USPSA Practical

Shooting Handbook.



**SETUP NOTES:** Set T2 to 5 feet high at shoulders. Shooting box is 3 feet by 3 feet. Top of no-shoot touches bottom of A imprinted in center A zone.



Modified 1/1/2008 137